



FIDELIDADE ARTE RECEIVES LIMIAR DA TRILOGIA

Curated by Manicómio, the exhibition LIMIAR DA TRILOGIA - ATO 1 will be open to the public between March 18 and May 20.

Lisbon, March 09, 2022 - Fidelidade Arte opens, next March 18, a collective exhibition entitled **LIMIAR DA TRILOGIA** (Threshold of the Trilogy) that will take place in 3 acts - 3 exhibition moments until September 16.

The exhibition LIMIAR DA TRILOGIA is centred on the idea of Threshold: the social threshold, the creative threshold, the threshold of human perception, all of them present in the relationship of the individual with himself or with the other. In confronting mental and social barriers, this 'composite threshold' presents itself as a strong and coherent line, expressed in the work of the Manicómio artists, a differentiating sign of the artistic and human value in presence.

LIMIAR DA TRILOGIA is "not an exhibition of raw art and much less an exhibition of marginalisation", says Sandro Resende, artistic director of the Manicómio.

Despite the name of the organisation they carry, the artistic creation they present "has no labels, and it is on that premise that they like to work. It is, above all, a hymn to doing, without labels or historical trends, without the concern of being what we are not.

The exhibition to be presented at Fidelidade Arte is a striking moment for the Manicómio as, for the first time, a significant set of works from this artistic structure will be gathered in a single space and of recognised credits in contemporary art programming in Portugal. A stage of a path formally started in 2019, which here symbolically presents itself trifurcated in three parts.

In the first of the three Acts that make up this collaborative cycle of Fidelidade Arte with Manicómio, the artists Anabela Soares, Micaela Fikoff and Pedro Ventura participate, with works in sculpture, drawing and video.

LIMIAR DA TRILOGIA is curated by Manicómio, a creative space and art gallery in Portugal dedicated exclusively to artists who experience or have experienced mental illness. Located in a collaborative workspace in Lisbon, this creative space is a place open to the public that fosters creativity and innovation and co-creation between artists and other agents.

Manicómio offers freedom in artistic practice and freedom to pursue individual purpose, crossing art with mental health and human rights. The project results from over 20 years of struggle for dignity and recognition for artists who are excluded from the art world simply because of their mental illness.

In a strategy inserted in the Social Responsibility Programme, which has the issue of mental health as one of its priority objectives and concerns, Fidelidade has accompanied the Manicómio since its genesis, supporting it in several projects.

Ana Fontoura, Director of Social Responsibility at Fidelidade Group, said that "the Manicómio works on the social inclusion of these artists as professionals, giving them the dignity, respect and reward they deserve. It is a serious project, in which the artist comes first. It is enough to visit the NOW cowork in Beato to see the joy and relaxation lived by these men and women, focused in their works of sculpture, drawing, painting".

The exhibition LIMIAR DA TRILOGIA - ATO 1 will be open to the public between March 18th and May 20th, with free admission.

About the Artists:

Anabela Soares

She was born in 1969 in Anadia, Portugal. Anabela started at the art studio of the Psychiatric Hospital Centre of Lisbon (CHPL) in 2013. Her sculpture "Bear" was part of the group exhibition 'Deslocado' (2015) at Pavilion 31 (CHPL) in Lisbon, with several Brazilian artists, such as Alexandre Baltazar and Rafael Uzai. In the same venue she had several sculptures in the group exhibition 'Entrevista' (2016) with Emir Kusturica. She was part of the group exhibitions 'Insubordinar' (2019) at Espaço Fidelidade Chiado8 Contemporary Art and 'Incómodo' (2020) at the Museu Municipal de Faro.

She had her first solo exhibition 'Os Monstros' at Casa Família Oliveira Guimarães in Penela (2019), followed by 'O dia em que perdi o pé' (2020), at Museu Bordalo Pinheiro in Lisbon. In 2021, she exhibited at the Museu de São Roque, in Lisbon, integrated in the collective project 'O Outro como epifania do belo'. She is co-author of the videoart "Arte" and "Pátio das Emoções". She is present in several private art collections. She is represented by MANICÓMIO since 2018.

Micaela Fikoff

Micaela Fikoff was born in Rio de Janeiro in 1965, but her connection with Portugal has always existed. She has a degree in textile design from Polimoda in Florence, Italy, and the way she approaches colours has always been her most striking characteristic, combined with very naïf strokes. She lives in Lisbon and has been a MANICÓMIO artist since the beginning of 2021, rediscovering herself in embroidery.

Pedro Ventura

Born in 1978, in Alenquer, he defines himself as a dreamer. With an erratic path that stretches from his job as a factory worker to his work as a writer, he published a book entitled 'Isso Toda a Gente Sabe' (This Everyone Knows), by Chiado Publishers. He participated as lyricist in the album 'Capaz', in partnership with the musician Senhor Vulcão, a CD edited by MANICÓMIO, the structure that represents him since 2018.

As a visual artist, he has participated in several group exhibitions, of which we highlight: LX Factory, Bienal de Ourém, Hospital no Panóptico do Hospital Miguel Bombarda, Museu do Oriente, Museu Soares dos

Reis, Escola Superior de Tecnologia da Saúde de Lisboa, Pavilhão do Conhecimento or, more recently, in 2020, integrating 'Incómodo', at the Museu Municipal de Faro. He is represented in private collections.

Next Acts of LIMIAR DA TRILOGIA:

Act 2

27 May to 15 July 2022

Artists: Bráulio, Carolina Carvalhal and Cláudia R. Sampaio

Act 3

July 22 to September 16, 2022

Artists: Filipe Cerqueira, Joana Ramalho and Zé dos Castelos

Fidelidade Arte

Largo do Chiado, 8 – 1249-125 Lisboa

Exhibition hours: Working days, from 11am to 7pm.

Free entrance

About Fidelidade

Founded in 1808, Fidelidade is the leading life and non-life insurer in Portugal, with a market share of 28 percent in 2020, and is present in Angola, Cabo Verde, Mozambique, Spain, France, Macau, Peru, Bolivia, Paraguay, and Chile. The Fitch rating agency classified Fidelidade with an "A stable (IFS)" and "A -stable (IDR)" rating, one of the highest in the national corporate panorama, highlighting the Company's high capitalisation, namely its solvency ratio and the solidity of its investment portfolio.

With 2.3 million customers in Portugal and more than 7 million worldwide, Fidelidade conducts its activity with a "Customer Centric Approach" strategy and, through a distribution network and channels of high dimension and capillarity, guarantees consumers an integrated and personalised experience, regardless of the channel used.

Fidelidade is guided by values that have always defined it: experience, innovation, overcoming and proximity, and this year it was re-elected Consumer Choice in the category of "Insurers", "Trusted Brand" and Most Reputed Insurer in Portugal.

Supporting the development and construction of a sustainable society is an essential part of its Social Responsibility policy, which is embodied in the Fidelidade Community Programme, which distinguishes entities that work in the areas of ageing, health prevention and inclusion of people with disabilities

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